## TCUE AND TCMS PRESENTS THE CROSS COUNTRY JOG AUGUST 15, 2015

## REGISTRATION

Registration before: August 3 <sup>rd</sup>
□ 5K \$20
□ Fun Run \$10
Registration after: August 3 <sup>rd</sup> No Shirt
□ 5K \$25
☐ Fun Run \$12

Race Location: Hand-in-Hand and Thomas County Upper Elementary Campus

Fun Run 9:00a.m.; Fun Run Awards 9:30a.m.; 5K 8:00a.m.; Awards following last runner

Walkers welcome. Fun Run is for children 12 and under. Parents and older runners may run with their

child. but will not be considered a registered participant. Those over the age of 12 may only register for the 5K.

- Family Discount: Families with four or more registered runners will save \$5 off the total when all forms are returned together.
- · Awards: Gender/Age division for the Fun Run and 5K.
- All payments should be made payable to TCCHS Cross Country.
- Completed entry forms and payment should be mailed to: TCUE/TCMS; Attn: Mr. A Whatley
- 4681 US Hwy 84; Thomasville, GA 31792
- For more information, please go to www.thomas.k12.ga.us or contact A. Whatley 229-403-9667.

## RELEASE

In consideration of my being allowed to participate in the 2015 Cross Country Jog on behalf of myself and my heirs I hereby waive all claims for illness or injury which may result directly or indirectly, from my participation in this event and agree to hold harmless Thomas County Board of Education, sponsors, volunteers, and all other groups from all actions and claims. I further state that I am in proper condition to participate in this event. I authorize the free use of my name and picture in any broadcast, or visual, oral or written account of the event.